



PLYMOUTH COUNTY OUTREACH

The latest news and updates on overdose related incidents in Plymouth County, MA and how law enforcement and public health officials are tackling this opioid epidemic in real-time.

OVERDOSE STATISTICS 10/01/21 - 10/31/21



126 incidents



67 successful home visits*

*The outreach team made contact with a SUD, family/friend or both.



53% non-fatal

7% fatal

40% at-risk*

*A loved one reported this individual due to concern of potential overdose.

THANKSGIVING MARATHON MEETING



Join the South Shore are of NA's Thanksgiving Marathon Meeting on November 24th from 7pm to 12am and November 25th from 9am to 9pm. The meeting will be held at 11 Gibbs ave in Wareham, Massachusetts. Breakfast, lunch, and dinner will be served on Thanksgiving! For more information, contact Bill P. at (508) 317-5522 or Mike M. at (774) 305-0888. Check out our Facebook page for more information on marathon meetings as Thanksgiving approaches!

GRATITUDE & RECOVERY



Cultivating gratitude is an important part of recovery. Being grateful on the road to recovery can make facing challenges easier, and relapse less likely. Active addiction can carry with it a lot of shame, guilt, and remorse, and it's critical to counterbalance these feelings with gratitude, hope, and wellness. Research has shown that grateful people are more optimistic, stronger when dealing with challenges, think more clearly, and even live longer. This Thanksgiving, explore ways you can be more grateful in your recovery. Some ways to incorporate gratitude into your day can include making a gratitude list every morning, supporting others in recovery, and being present in the moment. What are you grateful for this year?

NEW JOB POSTING



Plymouth County HUB has an AmeriCorps VISTA position open for HUB Coordinator. This position focuses mainly on development and supporting sustainability of the HUB. Here is a link to learn more: <https://my.americorps.gov/mp/listing/viewListing.do?fromSearch=true&id=97807>