



PLYMOUTH COUNTY OUTREACH

The latest news and updates on overdose related incidents in Plymouth County, MA and how law enforcement and public health officials are tackling this opioid epidemic in real-time.

OVERDOSE STATISTICS 3/01/21 - 3/31/21



108 incidents



79 successful home visits*

**The outreach team made contact with a SUD, family/friend or both.*



71% non-fatal

8% fatal

21% at-risk*

**A loved one reported this individual due to concern of potential overdose.*

DRUG TAKE BACK DAY



On Saturday, April 24th, PCO in collaboration with the Plymouth Youth Development Collaborative, the Plymouth HEAL Coalition, the Plymouth Fire Department and the Plymouth Area Substance Abuse Prevention Coalition, will be holding the spring drug take back day event at the Plymouth Police Department from 10:00am - 2:00pm! Bring your unwanted and expired prescription medication and leave with your own narcan kit, deterra packet, swag, and much more free of charge! South Shore Health will also be in attendance with an on site narcan simulator. For more information, visit our Facebook page!

RUN FOR RECOVERY



The Boston Bulldogs Running Club will be holding their 6th Annual Run for Recovery 5K & Tribute from May 14th through 16th. This year's event will be held virtually. The event is held in honor of those who have been lost to a substance use disorder. If you would like to receive a race t-shirt, please register by April 30th! We invite everyone to join the Plymouth County Outreach team which can be selected when you register. Online registration and race information can be found by visiting our website here: <http://www.bostonbulldogsrunning.com/>

ALCOHOL AWARENESS MONTH

Studies have shown that alcohol use has risen sharply since the pandemic's start, as high as 14%. Frequent alcohol consumption can lead to chronic diseases including high blood pressure, heart disease, stroke, liver disease, digestive problems, and much more. With depression and anxiety increasing, people use alcohol as a way to cope. However, alcohol can bring up feelings of depression and anxiety, creating a feedback loop difficult to escape. Over the next month, we will be sharing resources and facts on alcohol use and healthy ways to cope with anxiety and depression. If you or anyone you know are struggling with alcohol use, reach out through any of our social media, our website, or call (508) 830-4218 x261.