



PLYMOUTH COUNTY OUTREACH

The latest news and updates on overdose related incidents in Plymouth County, MA and how law enforcement and public health officials are tackling this opioid epidemic in real-time.

OVERDOSE STATISTICS 10/1/20 - 10/31/20



117 incidents



51 successful home visits*

*The outreach team made contact with a SUD, family/friend or both.



76% non-fatal

15% fatal

9% at-risk*

*A loved one reported this individual due to concern of potential overdose.

NEW LEARNING OPPORTUNITY:



The Family Center is accepting registrations for the next two sessions of Addiction in My Family. The class covers a variety of topics related to substance use and its impact on the family system including an overview of addiction science, substance education, pathways to recovery, how to help a family member, and local supports and resources. For more information, check out their Facebook here: <https://www.facebook.com/uwgpcfamilycenter>

THE POWER OF GRATITUDE



Research has found a strong correlation between the frequent practice of gratitude and successful recovery from substance use disorder. Studies have found that when we focus on gratitude, we stimulate areas of the brain regulating reward, empathy, and morality. The holidays can be a difficult time for individuals in recovery. This Thanksgiving, consider starting a gratitude list to remind yourself of all the things you have to be grateful for. To read more about the power of gratitude, check out the article here: <https://www.tpoftampa.com/the-power-of-gratitude/>

PCO UPDATE



On October 24th, PCO in collaboration with the Plymouth Youth Development Collaborative and the Plymouth Area Prevention Collaborative, successfully hosted drug take back day! Approximately 115 pounds of medication was turned in at the event, as well as two large containers of sharps. The team was also able to distribute 75 Deterra pouches for community members and had narcan available for those interested.

For more information contact, PCO Operations Supervisor
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*Data provided by Kelley Research Associates